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Please check "Medical Information" drop down of the webpage, **DrRobertGordon.com**, for any documents you may need to bring to the exam. Things to do or not to do before your flight physical to make it easier for the A.M.E. and the pilot:

1. Don't forget your glasses.
2. If you notice a change in your near/far distance, or any other vision changes, get an eye exam and glasses before your flight physical.
3. If you have a Special Issuance, please bring your letter from the F.A.A
4. If you have a Special Issuance make sure to send in the medical information the F.A.A. requested by the required date, if the information is required to be reviewed by the FAA before your medical can be renewed.
5. If you have a Special Issuance, allowing the AME to issue, please bring to the exam the required medical information outlined in the F.A.A. letter.
6. Don't forget to tell the A.M.E. you have one of the 15 disqualifying conditions 1. Diabetes mellitus requiring hypoglycemic medication; 2. Angina pectoris; 3. Coronary heart disease that has been treated or, if untreated, that has been symptomatic or clinically significant; 4. Myocardial infarction; 5. Cardiac valve replacement; 6. Permanent cardiac pacemaker; 7. Heart replacement; 8. Psychosis; 9. Bipolar disorder; 10. Personality disorder that is severe enough to have repeatedly manifested itself by overt acts; 11. Substance dependence; 12. Substance abuse; 13. Epilepsy; 14. Disturbance of consciousness without satisfactory explanation of the cause; and 15. Transient loss of control of nervous system function(s) without satisfactory explanation of cause. So the A.M.E. can work with you and the FAA to resolve the disqualification and get you an FAA flight medical certificate.
7. If you have a chronic medical condition (ex. Hypertension, asthma, hypothyroidism, pre-diabetes, or other CACI qualified conditions, ETC.) requiring medical records and please bring them with you.
8. If you having fluctuations, or borderline high, blood pressure please see your personal doctor for evaluation and treatment before your flight physical.
9. Do not take a decongestant, drink too much coffee, smoke a cigarette or take other stimulants, or do strenuous exercise before your exam, since this can raise your blood pressure.

10. If you have a family history of diabetes mellitus (or other familial diseases) get periodic checkups with your personal doctor to catch, treat the problem, and bring the proper documents required for the diagnosis to your exam.

11. If you have a family history of diabetes mellitus, or just spill sugar in your urine occasionally (but are not diabetic) do not have a large dose of sugar (glass of orange juice, ETC) before your exam, so that the sugar doesn't show high in your urine test.

12. If you are on any new medications since your last FAA exam please check the "FAA medication list" on the website to be sure they are not aeromedically prohibited.

13. Don't forget to bring your S.O.D.A. (Statement of demonstrated ability) (Ex. Color vision defect) to your exam.

As an A.M.E. I want you to pass your physical. I know how important it is to you to be able to continue to fly for work/pleasure. Any aeromedical problems you have I, as your A.M.E., will work with you, the F.A.A. and your personal doctor, to try and resolve them as quickly as possible. As your A.M.E. I want you to be a happy pilot with your medical in your hand when you leave my office.

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